2020 Reflections/2021 Hopes and dreams for the Calm Crew

2020

1.What challenges did you face?

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2.What lessons did you learn?

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3.How did you grow?

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4.What do you want to celebrate?

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5.What are you grateful for?

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2021

1.What is your intention for 2021?

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2.What do you want to leave behind in 2020, to let go of?

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3.How do you want to grow?

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4.What do you want to celebrate?

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